

# WEN WU SCHOOL RETREAT 2026

## REGISTRATION Each person must fill out a separate form.

Please Return Registration by mail or email only. For checked items, please mark in X.

Email: info@wenwuschool.com

Mail: Wen Wu School 10124 San Pablo Ave. El Cerrito, CA 94530

Deadline: June 30<sup>th</sup> or when retreat is full.

For each family member please use a separate sheet

Name: \_\_\_\_\_ Gender: M \_\_\_ F \_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

Phone numbers (Best # to call) \_\_\_\_\_ E-mail address \_\_\_\_\_

Roommate preference (1 or 2 in a room) name of the preferable roommate \_\_\_\_\_

Date and time of your arrival \_\_\_\_\_ departure \_\_\_\_\_

Do you prefer lodging? Yes \_\_\_ No \_\_\_ Camping? Yes \_\_\_ No \_\_\_

Day use only? Yes \_\_\_ No \_\_\_ Day attendants are for August 8<sup>th</sup> One-Day only.

Want to carpool? Yes \_\_\_ No \_\_\_

If yes, do you prefer to be a Driver Passenger? Please contribute for gas.) If a driver, specify # of seats available \_\_\_\_\_ Which city will you be coming from? \_\_\_\_\_

Health concerns? Yes \_\_\_ No \_\_\_ (please specify)

\_\_\_\_\_

Food allergy? \_\_\_\_\_

Emergency Contact (name & phone) \_\_\_\_\_

## ROOM/BOARD COST

(All costs include practice, workshops and 3 meals/day. Check in at 3 PM and check out at 1 PM)

### Retreat Rates 2026

\_\_\_\_\_ 3 days, 2 nights: \$550 (double occupancy, meals and workshops) (No 2 days-1 night)

\_\_\_\_\_ DAY Retreat: \$220 (includes meals and workshops)

\_\_\_\_\_ CAMPERS 3 days, 2 nights: \$450

\_\_\_\_\_ CAMPERS 2 days. 1 night: \$400

## CALCULATION OF COST

Discounts (\*Wen Wu certified teachers receive 10% off or each additional family member receives 10% off but payment needs to be made in check or cash (no credit card).

(if discount applicable, enter here) \_\_\_\_\_

FINAL COST \_\_\_\_\_

## PAYMENT

PAYMENT can be made by check, credit card (pay online) or cash.

Pay by check: make check payable to: Wen Wu School. Write in memo: Retreat 2026

Credit card payment: Go to [www.wenwuschool.com](http://www.wenwuschool.com) to pay online.

Work trade: We hope everyone is able to participate and can offer some work trade available for those interested and scholarship can be available. Contact Erlene Chiang at [erlenechiang@gmail.com](mailto:erlenechiang@gmail.com) directly

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## SHARED DUTIES & SERVICES

**(Everyone must sign up)**

Please fill out and return this page along with registration.

In order to keep the retreat at such a low rate, we would like everyone to share at least one and at most two duties during the retreat. Please select 3 duties and rank with a 1, 2, or 3 next to your preferred duties for Kitchen Duty and/or Post Retreat Rooms/Grounds Check. If for any reason you cannot fulfill your duty, please switch with others yourself and notify Wen Wu School of the switch.

Thank you for your cooperation!

Can you cook (circle)? Yes \_\_\_ No \_\_\_

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## KITCHEN DUTY

Friday, August 7, 2026

Dinner

Pre-dinner help (arrive at 4:30 PM)

\_\_\_ Setup (1 person)

\_\_\_ Food preparation (2 persons)

Post-dinner help (stay after dinner)

\_\_\_ Dishwashing, kitchen cleaning, table cleaning, sweeping, garbage/recycle (4 persons)

Saturday, August 8, 2026

Breakfast

Pre-breakfast help (arrive at 6:30 AM)

\_\_\_ Setup (1 person)

\_\_\_\_ Food preparation (2 persons)

Post-breakfast help (stay after breakfast)

\_\_\_\_ Dishwashing, kitchen cleaning, table cleaning, sweeping, garbage/recycle (4 persons)

## Lunch

Pre-lunch help (arrive at 11:00 AM)

\_\_\_\_ Setup (1 person)

\_\_\_\_ Food preparation (2 persons)

Post-lunch help (stay after lunch)

\_\_\_\_ Dishwashing, kitchen cleaning, table cleaning, sweeping, garbage/recycle (4 persons)

## Dinner

Pre-dinner help (arrive at 4:30 PM)

\_\_\_\_ Setup (1 person)

\_\_\_\_ Food preparation (2 persons)

Post-dinner help (stay after dinner)

\_\_\_\_ Dishwashing, kitchen cleaning, table cleaning, sweeping, garbage/recycle (4 persons)

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## Sunday, August 9, 2026

### Breakfast

Pre-breakfast help (arrive at 6:30 AM)

\_\_\_\_ Setup (1 person)

\_\_\_\_ Food preparation (2 persons)

Post-breakfast help (stay after breakfast)

\_\_\_\_ Dishwashing, kitchen cleaning, table cleaning, sweeping, garbage/recycle (4 persons)

### Lunch

Pre-lunch help (arrive at 11:00 AM)

\_\_\_\_ Setup (1 person)

\_\_\_\_ Food preparation (2 person)

## POST-RETREAT ROOM/GROUNDS CHECK

(4 persons – stay through the end of retreat)

\_\_\_\_ Duties include checking each room, designated grounds area and bathrooms for neatness, cleanliness, emptied trash, lost/found, damage control, water and/or other stains on carpet, etc.

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# WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

I, the undersigned, hereby authorize my participation in the Wen Wu School Retreat 2026 from August 7th to 9th, 2026 at the Quaker Center Ben Lomond, CA, which is hereinafter referred to as the "activity."

I hereby waive all claims or causes of action against the Wen Wu School of Martial Arts, Inc. and Quaker Center Ben Lomond, their owners, staff, coordinators, families, instructors, and anyone else involved in the arranging of the activity, all of which are collectively hereinafter referred to as "the organization," arising out of my participation in the activity and hereby release, hold harmless, and discharge the organization from all liability in connection therewith.

I have read this waiver and release and understand the terms used in it and their legal significance. This waiver and release is freely and voluntarily given with the understanding that right to legal recourse against the organization is knowingly given up in return for my participation in the activity.

My signature on this document is intended to bind not only myself but also my successors, heirs, representatives, administrators, and assigns.

Print Participant's Name \_\_\_\_\_

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

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## CANCELLATION POLICY

On and before June 1, 2026 = 90% refund of total cost

On or after June 20, 2026 = 50% refund of total cost

On or after July 10, 2026 = **NO** refund

Registration Deadline: June 30th, 2026

***Mail or email (info@wenwuschool.com) back:***

***1. Registration form***

***2. Shared Duties Form***

***3. Waiver Form and Payment***

Send to:

WEN WU SCHOOL  
10124 San Pablo Ave.  
El Cerrito, CA 94530

For questions, please call (510) 524-1057 or email info@wenwuschool.com or Erlene Chiang at erlenechiang@gmail.com

Once payment is received, registration is completed.

We will send you a confirmation with driving directions by July 10th, 2026.